



Lodge Lane
ASSISTED LIVING & MEMORY CARE

Lodge Lane Assisted Living & Memory Care * 1221 Lodge Lane Wilmington, DE 19809 * PH: 302-757-8100



NATIONAL ASSISTED LIVING WEEK

September 8th marks Grandparent's Day and the official start of National Assisted Living Week. This year's theme: A SPARK OF CREATIVITY.

LODGE LANE will be exploring a variety of creative works daily throughout the week. The celebration kicks off with



a fun ice cream sundae party. Meet in the Café to create your work of art using your favorite toppings on a frozen, sweet canvas. From musical performances, to the splendor of the

Festival of Fountains at Longwood Gardens, the week will offer a little something for everyone to channel their inner artist, complete with a friendly, pageantry competition.

Celebrating September

Happy Cat Month

Labor Day (U.S.)
September 2

National Assisted Living Week
September 8-14

National Day of Service and Remembrance
September 11

World Alzheimer's Day
September 21

Autumnal Equinox
September 23

World Heart Day
September 29

Rosh Hashanah
September 30-October 1



Please look for the posted calendars noting the special events for the week. Residents, guests and staff are welcomed and encouraged to attend. *Some events do require registration*

in order to accommodate all participants. Reservations can be made with the Front Desk 302-757-8100.

We look forward to celebrating the week with everyone.



SEPTEMBER FALL FACTS

- September is the most popular month for birthdays in the United States. Specifically, September 9th is the most common birthday.
- Shakespeare did not mention September in any of his plays.
- September is the ninth month and the only month with the same number of letters in its English name as the number of the month.
- September began as the seventh month on the calendar. It was named for *septimus*, meaning “seven.” January and February were later added to the calendar in the year 700 B.C.
- September is often referred to as the “harvest month” or “barley month” for the crop that was usually harvested then.

Birthstone – Sapphire

Sapphires are very hard and durable. Perhaps that is why they are associated with truth and fidelity. Sapphires were reputed to have healing powers that helped with eye and ear problems, bleeding and inflammation.



Flower – Aster

Considered the afterthought of the Roman goddess, Flora because it blooms later in the season than most flowers. These blooms get their name from *aster*, the Greek word for “star.” They come in a variety of colors with either a yellow or sometimes black center. The first year, they lay dormant, but bloom annually thereafter. The aster symbolizes daintiness, love and patience.



SEAWEED as a SUPERFOOD

If you've never thought to add seaweed to your plate, here are a few benefits that may have you reconsider:

1. It holds concentrated amounts of iodine and tyrosine which support thyroid function
2. Packed with vitamins A, C and E which protect the body from cell damage
3. May help to decrease cholesterol, blood pressure and the risk of blood clots

Another added bonus to this oceanic plant, is its moisturizing properties. Often used on skin to smooth out fine lines with its anti-aging properties.



Candlelight Dinner Theatre



Our group enjoyed their outing to Candlelight Dinner Theatre for the performance of *SOUTH PACIFIC*. For those who were unable to join us, please keep your eyes open, as we are planning another trip to a local performance in the late fall. A special thanks to Lanette and Sherry, of the Kutz Senior Living Auxiliary, for making this trip possible.

Rosh Hashanah Begins



Rosh Hashanah commemorates the creation of the world and marks the beginning of the Days of Awe, a 10-day period of introspection and repentance that culminates in the Yom Kippur holiday, also known as the Day of Atonement. Rosh Hashanah and Yom Kippur are the two “High Holy Days” in the Jewish religion. Rosh Hashanah 5780 is observed September 30th.

Apples and honey are customary offerings during the holiday. It is said that the apples promote health and healing properties, while the honey symbolizes hope for a sweet new year.

LODGE LANE would like to wish you all, a happy and healthy new year.

2019 – 5780 SERVICE SCHEDULE

(hosted at Kutz)

SELICHOT

Saturday, Sept. 21 2:00PM

ROSH HASHANAH

Sunday, Sept. 29	3:00PM	Candles
	3:30PM	Service
Monday, Sept. 30	10:00AM	Service
Tuesday, Oct. 1	10:00AM	Service

September Birthdays

Barbara P.	9/20
Sherri H.	9/20
Angelica B.	9/22



SEPTEMBER ZODIACS

Those born between September 1–22 are Virgo's Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industriousness makes them smart problem-solvers and fact-finders. Those born between September 23–30 balance the scales of Libra. Libras epitomize fairness and balance, often striving to minimize conflict and seek compromise. They achieve this with their charming, sincere, and lovable personalities.

Some famous Virgos and Libras

Queen Elizabeth I (monarch) – September 7, 1533
 Col. Sanders (businessman) – September 9, 1890
 Roald Dahl (writer) – September 13, 1916
 Agatha Christie (writer) – September 15, 1890
 Lauren Bacall (actress) – September 16, 1924
 Greta Garbo (actress) – September 18, 1905
 Michael Faraday (scientist) – September 22, 1791
 Victoria Woodhull (politician) – September 23, 1838
 Jim Henson (puppeteer) – September 24, 1936
 Shel Silverstein (poet) – September 25, 1930

Your Return Address
Street Number and Name
City, State ZIP Code

Postage
Information

Your Mailing Address
Street Number and Name
City, State ZIP Code

Lodge Lane Staff Email Addresses

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Through Create a Jewish Legacy, we insure the future of various agencies, like Kutz Senior Living Campus, will be available to others for years to come.

For more information, please see Felisha Alderson or Jessica Bannan.

Photo credits

Front Page Top Photo: Mark B. performs

Front Page Bottom Photo L to R: Millie F., Jackie S., Tessie S. and Jane E. create mirrored wreaths

Inside bottom photo L to R: Charlotte Z., Jackie S., Lanette M., Sherry S., Ann R., and Lillian B. at the Candlelight Theater