

August 2019



Lodge Lane
ASSISTED LIVING & MEMORY CARE

Lodge Lane Assisted Living & Memory Care * 1221 Lodge Lane Wilmington, DE 19809 * 302-757-8100



Celebrating August

**American Artists Appreciation
Month**

International Clown Week
August 1-7

Dinner Theatre Trip
August 8

Bowling Day
August 10

**International Left Handers
Day**
August 13

Hot Dog Cook-off
August 14

Bow Tie Day
August 28

**Food Committee &
Demonstration**
August 28

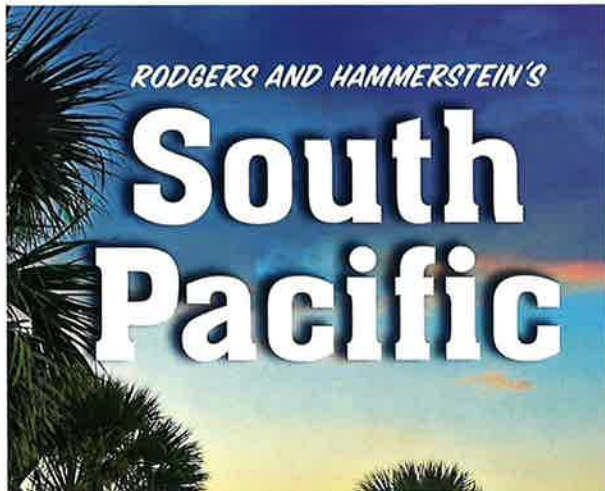
CARNIVAL FUN



Thanks for all who joined in the festivities and made this 2019 carnival day special.



An Evening at Candlelight Theatre



Offering the perfect blend of excitement, romance and humor; the Candlelight Theatre Troupe takes the stage for dinner and a show. LODGE LANE is now taking reservations to join our trip to the New Candlelight Theatre in Ardentown, Delaware. The troupe will be presenting Rodgers and Hammerstein's musical, South Pacific on **Thursday, August 8th at 6:00pm.**

Set on an island in the South Pacific during World War II, this Broadway hit tells the tales of blooming love stories while exploring the issues of racial and social prejudices. The 1949 production ran 1,925 performances and was the recipient of ten Tony Awards, including Best Score, Best Musical and Best Libretto. In 2008, the Musical had a revival, running 996 performances and winning seven Tony Awards.

Advanced ticket purchases are required and seating is limited. Many shows have already sold out. Availability will be on a first-come-first-serve basis. Please see contact Cindy in Activities for additional questions.

Tickets are \$63 and cover the cost of the play and dinner at the Theatre.

Payment is required at the time of reservation. All sales are final and non-refundable. Please see the Front Desk to secure your seat.

DOG DAYS of SUMMER



The heat is on! And not just outdoors. The LODGE LANE dining staff are gearing up for the second annual hot dog challenge. Staff will team up and create three different themed hot dog entrees for lunch service. Staff and residents will vote for their favorite and the winner takes home the prize! Be sure to taste test them all and cast your vote for the best dog in town: **Wednesday, August 14th.**

Enrich Your Life Through Education and Information

You will enrich your life immeasurably if you approach it with a sense of wonder and discovery, and always challenge yourself to try new things.

- Nate Berkus, designer

Join us for a 12-week program of life enrichment beginning July 31st. A variety of topics will be covered that will give you the tools you need to improve life. You don't want to miss the array of guest speakers coming. For more information, see program facilitators: Faith Brown, Lou Brown or Charlotte Zaback.

Life Enrichment Sessions:

When: Every other Wednesday

Beginning July 31st

Time: 11:00 a.m.

Place: Lodge Lane Chapel

See activity calendar for program details.



THE MIGHTY MELON August Superfood



Test Your Melon Knowledge:

Q: All melons are thought to have originated from what Country?

A: India

Q: Where did Cantaloupes get their name?

A: the papal gardens of Cantalupo, Italy

Q: What two species of melon create the Crenshaw melon?

A: Cantaloupe and casaba melon

Strawberry Melon Agua Fresca

Refresh your water with this Agua Fresca recipe and stay hydrated this summer. Dehydration can be a serious health threat. Check out LODGE LANE's article online at www.delawaretoday.com about hydration and summer safety tips for seniors.

Recipe:

45 calories
2 grams of dietary fiber
Yields 5 cups

1-¾ cup strawberries
2-½ cups peeled and cubed watermelon
¼ cup mint
1 qt-1 cup water

Place strawberries and watermelon into a blender and puree until very smooth. Add the mint and blend until chopped. Combine with water. Serve chilled or over ice.

August Birthday Celebrations

Phyllis M.***** 8/1

Betty W.***** 8/11

Jack R.***** 8/15

Sara S.***** 8/16

Maryann M.***** 8/22

Justin M.***** 8/24

Roseanna D.***** 8/26

Theresa K.***** 8/31



As a reminder, our dining rooms are filling quickly. Please notify the Front Desk with your reservations early. For any dietary restrictions, please speak with the Dining Director to arrange for suitable menu choices.



Lincoln's Penny

On August 2, 1909, the very first Lincoln cents were put into circulation by the U.S.

Mint. Before 1909, a president's visage had never appeared on a coin. In January of 1909, the Mint approached artist Victor David Brenner to design a coin depicting President Abraham Lincoln to commemorate the centennial anniversary of Lincoln's birth. Two years earlier, Brenner had completed a plaque of Lincoln in profile for the Gorham Manufacturing Company; it was this plaque that became the design for the Lincoln cent, with Brenner imprinting his initials VDB on the reverse. When the cent was released, Treasury facilities were mobbed by those seeking the new pennies. Just one week after the minting, production of the pennies was halted to remove the VDB initials on the reverse, making the original VDB pennies invaluable collector items.

Your Return Address
Street Number and Name
City, State ZIP Code

Postage
Information

Your Mailing Address
Street Number and Name
City, State ZIP Code

Lodge Lane Staff Email Addresses

Felisha Alderson, Executive Director

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Danielle Shaw, Activities Director

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Daniel Judge, Executive Chef

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George Black, Director of Community Works

- gblack@unidine.com

Photos from Carnival Fun:

Top Left: Nurse Mary, who raised the most money for the Alzheimer's Association in the Pie Face booth

Top Right: Gloria throws a Pie strike at Maintenance Director, George

Second Top Right: Charlotte rings a winner at the table-top booths

Middle Left: Jackie, Ethel and Eileen enjoy their Mister Softee treats in the heat

Bottom Right: Lou, Jack and Jackie sing along with Karaoke, Terra

Bottom Left: Mister Softee makes a visit for Residents and Staff

Through Create a Jewish Legacy, legacy giving gives each of us the ability to make a difference Today, Tomorrow and TOGETHER.



For more information, contact Felisha Alderson or Jessica Bannan.