



SEPTEMBER 15TH HEALTH & WELLNESS FAIR

1:00-4:00pm

Healthy Connections

You Are Invited to Lodge Lane Assisted Living's First Health and Wellness Day. Join Us In A Zumba Dance Party. Visit Information Tables from Bayada, Fox Rehab, St. Francis, Healthsouth, and the Kutz Home. Learn About Healthy Food Options Along With Free Blood Pressure Screenings, Balance Exercises, and Games With Prizes.



ZUMBA DANCE
PARTY

FREE HEALTH
SCREENINGS

LEARN ABOUT
HEALTHY FOOD
OPTIONS

GRAND OPENING OF
FITNESS CENTER

REFRESHMENTS
AND RAFFLE PRIZES

LODGE LANE ASSISTED LIVING

1221 Lodge Lane
Wilmington, DE
19809

302-757-8100

www.lodgelane.org