

A Typical Day in Memory Care at Lodge Lane

10:30 Morning Greet and Morning Stretch

11:00 Word Games

11:30 Hydration

11:45 Music Based Activity

12:15 Physical Game

2:00 Creative Activity- Cooking, Crafts, Art

2:45 Hydration/ Snack

3:00 Afternoon Stretch

3:30 Afternoon Trivia/ Word Game

4:00 Appetite Stimulation