



**WEDNESDAY,
JULY 20, 2016**

CAREGIVER SUPPORT GROUP

Laurie Seidle, BSW with Vitas Healthcare will be discussing “knowing when to ask for help”

When is the right time to ask for help? When is it time to look for additional healthcare services? Laurie will be reviewing these and other frequently asked questions to help ease the caregiver conscience.



Lodge Lane
Chapel Room
4:00PM

Caregiving is a journey
and everyone has a
different path they travel

Learn valuable strategies
to add to your caregiver
survival kit

Learn about the
resources available

Be equipped to address
the complex needs of
older adults facing life
challenges